



**WDA WORLD DANCE  
ASSOCIATION**

Rules and regulations of  
WDA World Dance Championship  
[www.WDAdanceworld.com](http://www.WDAdanceworld.com)

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## 1. DANCE DISCIPLINES

Contemporary-Modern  
Dance Show  
Fantasy  
Fitness Dance and Acrobatic Show  
Street Dance (Hip-hop)  
Disco Dance  
OPEN

## 2. CATEGORIES

**Solo:** naturally danced by only one dancer (male or female)

**Duo-Trio:** danced by minimum 2, maximum 3 dancers

**Group:** danced by minimum 4, maximum 10 dancers

**Formation:** danced by minimum 11 dancers.

**Depending on the number of registered Groups and Formations, the Organizer may decide to open** new categories: Small Group and Production

## 3. AGE GROUPS

**The age of the dancer depends on the year of births** (not the exact date, just year)  
for example: a dancer born in 2010 is 10 years old in the year 2020.

### **AGE CATEGORIES for SOLO and DUO-TRIO:**

MINI: 9 years old or younger.

KID: 10-11 years old

CHILDREN (JUVENILE): 12-13 years old

TEEN: 14-15 years old

JUNIOR: 16-17 years old

ADULT: from 18 years old.

### **AGE GROUPS for GROUP and FORMATION categories:**

#### **These are the age groups in the year 2019:**

MINI: 10 years old or younger

KID: 11-13 years old

JUNIOR: 14-16 years old

ADULT: from 17 years old

**In Duos-Trios, Groups and Formations the age group belongs to the oldest dancer.** For example: a formation should enter for the competition in Junior age group if the oldest dancer belongs to junior, but the other dancers may be younger (kid or mini).

The Organizer reserves the right to combine two categories, if there are less than 3 competitors in a category.

#### 4. START FEE

- Solo: 15 Euro
- Duo-Trio: 15 Euro / dancer
- Group/Formation: 10 Euro / dancer

#### 5. PRICES:

- diploma and medal for every dancers,
- trophies to the 1st-3rd places.

**6. JURY:** Jury members are high qualified international judges, there are 5 judges in each category.

#### 7. GENERAL RULES FOR EACH DISCIPLINE AND DANCE:

- Music, choreography and costume should be in harmony!
- **The choreographies should contain changes/shifts in pattern and configuration.**
- A solo dancer may not compete in the same discipline with two different choreographies.
- In Group/Formation categories dancers may participate in two productions nominated in the same category: but dancers must be on the stage in time, can't be in late because of changing costume. (So it's possible but not recommended.)
- **There may be contraction of categories with less than 3 competitors.**
- Any deviation from the age group regulations results in CLASSIFICATION TO THE LAST PLACE.
- The same choreography may not be nominated in two or more different disciplines and/or categories.
- **Stage sets** are allowed only in Fantasy. In other dance disciplines the stage sets (decoration) are prohibited (chaire also).
- **Hand props** or tools are allowed in Dance Show, Contemporary/Modern, Fantasy, Fitness Dance, Acrobatic Show, Street Dance, Open. Size: the dancer or dancers can hold it in hands as a tool, for example: shawl, hat, big size sheet, ribbon, and net.
- **In Mini age group, only acrobatic jumps with hand support are allowable.** Free cartwheel (arabel), flick, free turnover, salto etc. are NOT allowed in age group Mini. (Exception of Fitness categories.)
- **The size of the stage is 12 x 10 m**, dancers should aim to dance on the whole surface of the stage, but they may not leave the stage during the performance. Stepping off the stage results point deduction in all disciplines and categories.
- **In case of any technical problem or miss, the performance can only be valued if the dancer keeps dancing.** If the dancer leaves the stage, he/she may not called to stage again. The director has the right to allow that in the end of the category concerned, but off-competition, the dancer can perform the choreography.
- **Continuous lip-synch (mouth movement for singing the text of the music, karaoke) is forbidden in all disciplines.** Mimicry is important for the proper performance, one or

two words, or even sentence are also allowed, but continuous singing for the music results point deduction.

- **Lifting:** element, when one of the dancers leaves the floor with both legs with the physical help of one or more other dancers.
- **Acrobatic element:** movement when the body turns around one of its axis, for example: somersault, cartwheel, flick, salto (except walkover, which is a flexibility element).
- **It is the responsibility of the choreographer, trainer, and dance master to nominate performances in accordance with the regulations. Any deviation from regulations recognized during the competition results in disqualification or classification to the last place.**
- **This is a competition of amateur dancers, coaches or other professional dancers can't be nominated in solo or duo-trio categories, only in group or formation.**
- Music duration specified and described in the detailed regulations of disciplines should be applied. More than 5 seconds difference from the specified music durations results in CLASSIFICATION TO THE LAST PLACE.
- **The music must be upload before the competition and you should have a copy of music on flash-drive also. Please save the music in mp3 file using the start number in 3 digits, name of the club and dancer/or title like this: 023\_ClubName\_Dancer.mp3**

## 8. PRELIMINARIES, SEMI-FINALS AND FINALS

- **Finals** are organized in case of having nominations up to 12 in a certain category.
- **Semi-finals** round in case of having more than 12 nomination.

The results of semi-finals should be hanged out to publish them on the Results Publication Area as soon as possible after the concerned competition round. The Speaker is obliged to communicate the list of the qualified dancers for the next round. It is a general rule that the same category should always be adjudicated by the same jury also in different rounds, except for the case of vis maior.

## 9. ADJUDICATION, EVALUATION

The adjudication system is a combined system. Each dance is adjudged always by at least five properly examined and experienced judges. These principles of the adjudication are the followings:

- **Technical content**, and in case of performances of 2 or more dancers, the **synchrony**: 0-10 point  
Here the following aspects are evaluated: the difficulty level and number of dance technical elements, the diversity of the elements, the elegance and balance of the dancer, the body control, how the dancer can follow the dynamics of the music, changes of rhythm and in case of 2 or more dancers the synchrony.
- **Choreography and overall impression**: 0-10 points  
In the evaluation of the choreography the followings are important: the synchrony of the chosen music, dance steps and elements, the age and dress of the dancer, the dancers should dance on the whole surface of the stage, in group choreography there should be changes in pattern and configuration.
- **Presentation**: 0-10 points  
Here the jury evaluates the artistic impression, the ability to express emotions, story or message interpreted and transmitted to the audience.

**Calculation:**

The judge works on computer – the system calculate point given by judges and forms a rank among the competitors. From the placement numbers coming from the judges, the skating system calculates the final placement of the competitors.

The skating system is a fair calculation system which well filters favoritism, because the final result depends on placement numbers decided by the majority of the judges. (If only one judge puts forward or back a competitor, it cannot influence the result.)

**For the preliminaries and semi-final rounds the so-called X (cross) system is used.**

This means that after the judges pointed for the three principles as described above, in accordance with the rank indicated by the summarized point values, they issue the X-es and /-es (half-cross) as possible for the given category.

For example: for a category with 13 dancers (semi-final) six (6) crosses and two (2) half-crosses may be issued. The numeric value of one cross is ten (10) point, the numeric value of a half-cross is (1) one.

The half of the competitors getting the highest results will get into the final. In case of mathematical equality on the sixth position, all the competitors on the sixth position get into the final, so it may occur that we have 7 or 8 competitors in the final.

**10. SPECIFIC REGULATIONS FOR THE DISCIPLINES**

- Contemporary-Modern
- Dance Show
- Disco Dance
- Fantasy
- Fitness Dance and Acrobatic Show
- Street Dance
- Open

### \* CONTEMPORARY/MODERN

**Music:** any music at own discretion fitting the technic applied.

Categories and time duration:

SOLO	1 dancer	1'00"-2'00"
DUO/TRIO	2-3 dancers	1'30"-2'00"
GROUP	4-10 dancers	2'00"-3'00"
FORMATION	over 10 dancers	2'00"-4'00"

#### **Description and characteristics:**

All modern ballet technics (Graham, Limón, Metox, Cunningham, etc.), other modern movements based on classical ballet and art jazz style.

**The choreography may present a story, or a person / a character, but in this style the presentation of any other contemporary or modern dance style is also allowed, in harmony with the music and having no other message.**

Presentation of gymnastic exercise (RG) is not sufficient even in mini and kid age groups. The specific and proper positions, holds, steps, turns and jumps of the dance technic concerned – in clear form or mixed.

Title: the choreography should obligatory have a title reflecting its message or story.

#### **Elements:**

- Only walkover and cartwheel is allowed, any other acrobatic jumps are prohibited.
- Ground and contact elements are allowed.
- The performance in group and in formation should contain pattern changes.

#### **Stage decoration and hand props or tools:**

- **Hand props or tools are allowed. Size: the dancer or dancers can hold it in hands as a tool, for example: shawl, hat, big size sheet, ribbon, and net.**
- Stage sets or decoration are prohibited.

#### **Prohibitions. Any deviation from these prohibitions results classification to the last place:**

- Any other technic is not allowed.
- Beside cartwheel any other acrobatic element is not allowed.
- Stage decoration are not allowed.
- No continuous lip-synch (mouth movement for music, singing).

## \* DANCE SHOW

**Music:** Any styles at own discretion.

**Categories, time duration:**

SOLO	1 dancer	1'00"-1'45"
DUO/TRIO	2-3 dancers	1'30"-2'00"
GROUP	4-10 dancers	2'00"-3'00"
FORMATION	over 10 dancers	2'00"-4'00"

### **Description:**

Dance show reflects in its name, this should be mainly a show. The choreography may present a story, a character, a feeling or an ambiance. You can use the following dance technics: jazz, classical, modern or contemporary ballet, jazz styles including afro, American, wild and street versions (not art jazz), character or folk dance from any age and from any culture. The dance styles and technics may be mixed. **If the choreography is of only one certain dance style which has its own disciplines in this regulation, then the performance should be nominated in the discipline dedicated for that type of dance.**

The harmonic presentation of a situation, feeling, story, role or known personality with fitting steps, dance technics, music, costume, stage props, tools and presentation must be highly evaluated.

**The choreography must be like a show, not simply a modern dance, ballet or gymnastic/RG routine!**

**Characteristics:** The dance piece always must present some kind of feeling/emotion or a story to the audience. The used dance technics must be clearly seen and performed. Solos in the formation/ group choreographies and standing parts in the dance are allowed but must not dominate.

**Title: the choreography should obligatory have a title reflecting its message.**

### **Elements:**

- Liftings are allowed, but must not dominate.
- Acrobatic elements: no more than 3 and must be correctly presented and smoothly involved in the dance steps.
- Force element: NOT allowed.
- Flexibility elements: no limit on flexibility elements.

### **Stage decoration and hand props or tools:**

- Stage sets are prohibited (chair also).
- **Hand props or tools are allowed. Size: the dancer or dancers can hold it in hands as a tool, for example: shawl, hat, big size sheet, ribbon, and net.**

### **Prohibitions. Any deviation from these prohibitions results classification to the last place:**

- Pure contemporary, modern or ballet dance technical elements, or gymnastic routines without message in the whole choreography is prohibited.
- Stage sets are prohibited.
- Combination of more than 3 acrobatic jumps or separate application of more than 3 acrobatic jumps is not allowed.
- **Force elements are prohibited.**
- Usage of disco dance, hip-hop, break, funky, electric boogie, Caribbean/Latin and rocky technics and steps are not allowed.
- For mini age group, only the acrobatic jumps and elements with hand support are allowable, while for the mini age group, saltos, free turnovers, arabel, flick etc. are prohibited.
- No lip-synch (mouth movement for music, singing).

## \* DISCO DANCE

**Music:** disco music style – no speed limit – dancer's own music in each category.

### Categories and time durations:

SOLO	1 dancer	Own music	1'00"-1'15"
DUO-TRIO	2-3 dancers	Own music	1'15"-1'30"
GROUP	4-10 dancers	Own music	1'00"-2'30"
Formation	over 10 dancers	Own music	1'00"-3'00"

### Description and characteristics:

The dance should be disco-like character, dynamic, continuous in movements and presentation, fitting to the music character and pace. Utmost utilization of the available stage area and the pattern changes are desirable.

### Elements:

- Smoothly connected steps, kicks, turns and pirouettes, slides and floor figure.
- Liftings are allowed for group and formation choreographies.
- Ground elements are allowed but may not be dominated, they should smoothly connected to the continuous movement.

### Prohibitions. Any deviation from these prohibitions results classification to the last place:

- **usage of acrobatic elements without hand support,**
- **usage of hip-hop elements,**
- usage of the steps of other disciplines,
- usage of aerobic steps are prohibited.
- Usage of stage decoration, props, tools are not allowed.
- No continuous lip-synch (mouth movement for music, singing).

## \* FANTASY

**Music:** any music at own discretion.

### Categories and time durations:

SOLO	1 dancer	1'00"-1'45"
DUO/TRIO	2-3 dancers	1'30"-2'00"
GROUP	4-10 dancers	2'00"-3'00"
FORMATION	over 10 dancers	2'00"-4'00"

### Description and characteristics:

Fantasy is a special version of show-like dance, in which the presentation bears the utmost importance with the usage of suitable dance technique, costumes, stage props, tools and sceneries. Fantasy choreography should contain one of the followings: story, character, film figure, tale figure. Group or formation choreography should contain changes in pattern. Solo parts needed for the story chosen may be implemented in the choreography.

**Title: the choreography should obligatory have a title reflecting its message or story.**

### Elements:

- Liftings are allowed.
- Acrobatic jumps are allowed but these must be correctly presented and smoothly involved in dance steps.

### Stage decorations and props:

- Usage of stage decoration is **obligatory!**
- Tools or hand props are allowed.
- The stage decoration can be involved in the choreography or it may serve as the presentation of the ambiance of the choreography, but in all cases it should be reasonable, should connect to the performance.
- The size of the stage decoration should be bigger than 40x40x40 cm or background scenery (matrace is also acceptable).
- **The stage decorations and hand props should be handled by the dancers themselves (except in solo category one person may help), such should be taken into the stage within one run when coming to the stage.** It can be helped to take out, when they are leaving the stage.

### Prohibitions. Any deviation from these prohibitions results classification to the last place:

- Lack of stage decoration causes immediate classification to the last place.
- The usage of pure choreographies of disco, hip-hop, techno, funky, electric boogie, Caribbean/Latin and rocky supplemented with scenery is prohibited.
- For mini age group, only the acrobatic jumps and elements with hand support are allowable, while for the mini age group, saltos, free turnovers, arabel, flick etc. are prohibited.
- No continuous lip-synch (mouth movement for music, singing).



## \* FITNESS DANCE

The stage is covered by Fitness floor (tatami).

**Music:** any music at own discretion.

**Categories and time durations:**

SOLO	1 dancer	1'00"-1'45"
DUO/TRIO	2-3 dancers	1'30"-2'00"
GROUP	4-10 dancers	2'00"-3'00"
FORMATION	over 10 dancers	2'00"-4'00"

### Description:

- **FITNESS DANCE is a spectacular acrobatic show dance which performance may use any kind of dance technics.**
- **Fitness routines may be entered to FITNESS DANCE category taking into account the followings:** the evaluation of the elements will be shown up in the technical points (1-10 points). Judges evaluate also the choreography (1-10 points) and the presentations (1-10 points). The 2/3 of the total score evaluates the dance therefore it is very important that not only the elements, but also the dance parts should be emphasized in the creating of the choreography!

### Elements:

- **The performance of minimum 4 elements is obligatory, mixed in acrobatic, flexibility, force elements and jumps.**
- **In duo/trio and group choreographies the joint performance of minimum 4 elements is obligatory (4 elements which are performed by all of the dancers at the same time or in canon).**
- If the dancer performs less than 4 elements, or in duo/group the dancers perform less than 4 elements together, then the performance should be nominated in Open discipline.
- In duo/trio and group choreography the elements presented by only one or several dancers.
- **Elements in row (combination):** the elements may be performed independently or connected in a row.
- Acrobatic elements must be correctly presented and smoothly involved in the dance steps.
- **Liftings** are allowed.
- Solo and standing parts in the dance are allowed but must not dominate.
- **Turns** are part of the dance, they do not count in the elements.

### Stage decorations and props:

- **Usage of small hand props, which can be held in hand as a tool, are allowed.**
- Usage of stage decoration is prohibited - a chair or any other object, which can harm the fitness carpet is not allowed.

**In Solo there are 3 different levels:**

**FITNESS DANCE (level 1)**

**FITNESS SHOW (level 2)**

**ACROBATIC SHOW (level 3)**

**The difference is the number of elements and the difficulty level of elements**

**- please see the details bellow.**

Category	number of elements	difficulty of acrobatic elements	combination of acrobatic elements
Fitness Dance Solo <b>Mini</b>	4 - 16	ONLY acrobatic elements with hand support (cartwheel, walk-over)	maximum 2 elements combined
Fitness Dance Solo other age categories	4 - 16	all acrobatic elements can be used	maximum 3 elements combined
Fitness Show Solo <b>Mini</b>	4 - 20	without hand support only free-cartwheel and flic-flac	maximum 3 elements combined
Fitness Show Solo other age categories	4 - 20	all acrobatic elements can be used	maximum 3 elements combined
Acrobatic Show Solo in <b>all age categories</b>	min. 4 no limit	all acrobatic elements can be used	no limit
Duo/Trio, Group, Formation	min. 4	only in Mini age category elements without hand support are prohibited	no limit
Duo-Trio, Group, Formation		4 elements presented by all dancers are obligatory	

#### Prohibitions:

- **One extra element results point deduction, more extra elements results classification to the last place.**
- **Usage of element prohibited - punishment: classification to the last place.**
- No continuous lip-synch (mouth movement for music, singing). Punishment: point deduction.

#### Attention:

if the dancer presents an element twice, this counts 2 elements.

## \* STREET DANCE

**Music:** any music at own discretion.

### Categories and time durations:

SOLO	1 dancer	1'00"-1'45"
DUO/TRIO	2-3 dancers	1'15"-2'00"
GROUP	4-10 dancers	2'00"-3'00"
FORMATION	over 10 dancers	2'00"-4'00"

### Description and characteristics:

**Choreographies of hip-hop, funky, break and street dance revue may be nominated in street dance discipline.**

### Elements:

- Funky, hip-hop, break and other street dance elements.
- **Acrobatic and ground elements are allowed**, but must not dominate and must be correctly presented.
- **Liftings are allowed**, if the typical street figures are applied, but must not dominate.

### Stage decorations and hand props:

- **Hand props or tools are allowed. Size: the dancer or dancers can hold it in hands as a tool, for example: shawl, hat, big size sheet, ribbon, and net.**
- Stage decoration is not allowed.

### Prohibitions. Any deviation from these prohibitions results classification to the last place:

- Usage of disco element in more than 4 paces is prohibited.
- For mini age group, only the acrobatic jumps and elements with hand support are allowable, while for the mini age group saltos, free turnovers, arabel, flick-flack etc. are prohibited.
- Stage decoration is not allowed.
- No continuous lip-synch (mouth movement for music, singing).

**\* OPEN**

**Music:** any music at own discretion.

**Categories and time durations:**

SOLO	1 dancer	1'00"-1'45"
DUO/TRIO	2-3 dancers	1'00"-2'00"
GROUP	4-10 dancers	1'30"-3'00"
FORMATION	over 10 dancers	1'30"-4'00"

**Description and characteristics:**

- **Those show-like choreographies, which cannot listed any other dance styles, or are a mix of other dance styles, may be nominated in OPEN discipline.** If the choreography consists of clearly one dance style which has a separate discipline according to this regulation, it should be nominated in the dance discipline concerned.
- **Presentation of a story is not obligatory.**
- Music, choreography and costume should be in harmony!
- **Ballet, ballroom show, Caribbean / Latin, disco free style, step, folk / folkish dance should be nominated in OPEN.**
- Solo parts can be involved in the choreography.
- The performance in group and in formation should contain pattern changes.

**Elements:**

- Liftings and acrobatic elements are allowed, but must not dominate.

**Stage decorations and hand props:**

- Usage of stage decoration is not allowed.
- **Hand props or tools are allowed. Size: the dancer or dancers can hold it in hands as a tool, for example: shawl, hat, big size sheet, ribbon, and net.**

**Prohibitions. Any deviation from these prohibitions results classification to the last place:**

- For mini age group, only the acrobatic jumps and elements with hand support are allowable, while for the mini age group saltos, free turnovers, arabel, flick etc. are prohibited.
- It is prohibited to enter a dance style in OPEN if there is a separate discipline for that dance style according to this regulation.
- No continuous lip-synch (mouth movement for music, singing).